


The Mulberry PSHE Lesson titles

 Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
EYFS	<ol style="list-style-type: none"> 1. Marvellous me! 2. I'm special 3. People who are special to me 	<ol style="list-style-type: none"> 1. Me and my friends 2. Friends and family 3. Including everyone 	<ol style="list-style-type: none"> 1. People who help me and keep me safe 2. Safety Indoors and Outdoors 3. What's safe to go into my body 	<ol style="list-style-type: none"> 1. Looking after myself 2. Looking after others 3. Looking after my environment 	<ol style="list-style-type: none"> 1. Looking after myself 2. Looking after others 3. Looking after my environment 	<ol style="list-style-type: none"> 1. Growing and changing in nature 2. When I was a baby 3. Girls, boys and families
Reception	<ol style="list-style-type: none"> 1. All about me 2. What makes me special 3. Who can help me? 4. My feelings 5. My feelings (2) 	<ol style="list-style-type: none"> 1. I'm special, you're special 2. Same and different 3. Same and different families 4. I am caring 5. I am a friend 	<ol style="list-style-type: none"> 1. Combined lesson: What's safe to go onto my body and Keeping Myself Safe - What's safe to go into my body (including medicines) 2. Safe indoors and outdoors 3. Listening to my feelings 4. Keeping safe online 5. People who help to keep me safe 	<ol style="list-style-type: none"> 1. Looking after my special people 2. Looking after my friends 3. Being helpful at home and caring for our classroom 4. Caring for our world 5. Looking after money (1): recognising, spending, using 	<ol style="list-style-type: none"> 1. Bouncing back when things go wrong 2. Yes, I can! 3. Healthy eating 4. My healthy mind 5. Move your body 6. A good night's sleep 	<ol style="list-style-type: none"> 1. Life stages - plants, animals, humans 2. Life Stages: Human life stage - who will I be? 3. Where do babies come from? 4. Getting bigger 5. Me and my body - girls and boys
Year 1	<ol style="list-style-type: none"> 1. Why we have classroom rules 2. How are you listening? 3. Our feelings 4. Feelings and bodies 5. Good friends 	<ol style="list-style-type: none"> 1. Same or different? 2. Unkind, tease or bully? 3. It's not fair! 4. Who are our special people? 5. Our special people balloons 	<ol style="list-style-type: none"> 1. Super sleep 2. Who can help? (1) 3. Good or bad touches? 4. What could Harold do? 5. Harold loses Geoffrey 	<ol style="list-style-type: none"> 1. Harold has a bad day 2. Around and about the school 3. Taking care of something 4. Harold's money 5. How should we look after our money? 6. Basic first aid 	<ol style="list-style-type: none"> 1. Eat well 2. Harold's wash and brush up 3. Catch it! Bin it! Kill it! 4. Harold learns to ride his bike 5. Pass on the praise! 	<ol style="list-style-type: none"> 1. Healthy me 2. Then and now 3. Taking care of a baby 4. Who can help? (2) 5. Surprises and secrets 6. Keeping privates private
Year 2	<ol style="list-style-type: none"> 1. How are you feeling today? 2. Let's all be happy! 3. Being a good friend 4. Types of bullying 5. Don't do that! 	<ol style="list-style-type: none"> 1. What makes us who we are? 2. My special people 3. How do we make others feel? 4. An act of kindness 5. Solve the problem 	<ol style="list-style-type: none"> 1. Harold's picnic 2. How safe would you feel? 3. I don't like that! 4. Fun or not? 5. Should I tell? 	<ol style="list-style-type: none"> 1. Getting on with others 2. When I feel like erupting 3. Feeling safe 4. Harold saves for something special 5. How can we look after our environment? 	<ol style="list-style-type: none"> 1. You can do it! 2. My day 3. Harold's postcard - helping us to keep clean and healthy 4. Harold's bathroom 5. What does my body do? 	<ol style="list-style-type: none"> 1. A helping hand 2. Sam moves away 3. Haven't you grown! 4. My body, your body 5. Respecting privacy 6. Some secrets should never be kept
Year 3	<ol style="list-style-type: none"> 1. As a rule 2. Looking after our special people 3. How can we solve this problem? 4. Friends are special 5. Thanks 	<ol style="list-style-type: none"> 1. Family and friends 2. My community 3. Our friends and neighbours 4. Let's celebrate our differences 5. Zeb 	<ol style="list-style-type: none"> 1. Safe or unsafe? 2. Combined lesson: Danger or risk? and the Risk robot 3. Super Searcher 4. Help or harm? 5. Alcohol and cigarettes: the facts 	<ol style="list-style-type: none"> 1. Helping each other to stay safe 2. Recount task 3. Our helpful volunteers 4. Can Harold afford it? 5. Harold's environment project 	<ol style="list-style-type: none"> 1. Derek cooks dinner! (healthy eating) 2. Poorly Harold 3. Body team work 4. For or against? 5. I am fantastic! 	<ol style="list-style-type: none"> 1. Relationship tree 2. Body space 3. Secret or surprise? 4. My changing body 5. Basic first aid
Year 4	<ol style="list-style-type: none"> 1. Human machines 2. Combined lesson: Ok or not ok? (part 1) and Ok or not ok? (part 2) 3. An email from Harold! 4. Different feelings 5. Under pressure 	<ol style="list-style-type: none"> 1. Can you sort it? 2. What would I do? 3. The people we share our world with 4. That is such a stereotype! 5. Islands 	<ol style="list-style-type: none"> 1. Danger, risk or hazard? 2. How dare you! 3. Keeping ourselves safe 4. Picture wise 5. Medicines: check the label 	<ol style="list-style-type: none"> 1. Who helps us stay healthy and safe? 2. It's your right 3. How do we make a difference? 4. In the news! 5. Safety in numbers 6. Why pay taxes? 	<ol style="list-style-type: none"> 1. What makes me ME! 2. Making choices 3. Harold's Seven Rs 4. My school community (1) 5. Basic first aid 	<ol style="list-style-type: none"> 1. My feelings are all over the place! 2. All change! 3. Preparing for changes at puberty (formerly Period positive/preparing for periods) 4. Secret or surprise? 5. Together
Year 5	<ol style="list-style-type: none"> 1. Collaboration Challenge! 2. Give and take 3. How good a friend are you? 4. Our emotional needs 5. Being assertive 	<ol style="list-style-type: none"> 1. Kind conversations 2. Happy being me 3. The land of the Red People 4. Is it true? 5. Stop, start, stereotypes 	<ol style="list-style-type: none"> 1. Play, like, share 2. Combined lesson: Decision dilemmas and Ella's diary dilemma 3. Vaping: healthy or unhealthy? 4. Would you risk it? 5. 'Thinking' about habits (OPTIONAL) 6. Combined lesson: Drugs: true or false? and Smoking: what is normal? 	<ol style="list-style-type: none"> 1. What's the story? 2. Mo makes a difference 3. Rights, respect and duties 4. Spending wisely 5. Lend us a fiver! 	<ol style="list-style-type: none"> 1. It all adds up! 2. Different skills 3. My school community (2) 4. Independence and responsibility 5. Star qualities? 	<ol style="list-style-type: none"> 1. How are they feeling? 2. Taking notice of our feelings 3. Dear Ash 4. Growing up and changing bodies 5. Help! I'm a teenager - get me out of here!
Year 6	<ol style="list-style-type: none"> 1. Working together 2. Behave yourself 3. Assertiveness skills (formerly Behave yourself - 2) 4. Don't force me 5. Acting appropriately 	<ol style="list-style-type: none"> 1. OK to be different 2. We have more in common than not 3. Respecting differences 4. Tolerance and respect for others 5. Boys will be boys? - challenging gender stereotypes 	<ol style="list-style-type: none"> 1. To share or not to share? 2. Rat Park 3. What sort of drug is...? 4. Drugs: it's the law! 5. Alcohol: what is normal? 	<ol style="list-style-type: none"> 1. Two sides to every story 2. Fakebook friends 3. What's it worth? 4. Democracy in Britain 1 - Elections 5. Democracy in Britain 2 - How (most) laws are made 	<ol style="list-style-type: none"> 1. This will be your life! 2. Our recommendations 3. What's the risk? (1) 4. Basic first aid, including Sepsis Awareness 5. Five Ways to Wellbeing project 	<ol style="list-style-type: none"> 1. I look great! 2. Media manipulation 3. Pressure online 4. Helpful or unhelpful? Managing change 5. Making babies 6. What is HIV? (OPTIONAL)
Votes for Schools	Introduction to Votes for schools (11.09.24) Black History Month (2.10.24)	Parliament week (6.11.24) Anti-bullying week (13.11.24)	Safer Internet Day (5.02.24)	International Women's Day (8.04.24)	Earth Day (15.04.24) Votes for schools – current topic (6.05.24)	Votes for schools – current topic (1.07.24) Global issues and politics (17.07.24)